



mittagundi **camp** *14 to 17 year olds*

Are you ready for an adventure? Join us in Victoria's high country for an action-packed five-days of river rafting, farm activities, hiking and more!

Step off the grid and into a rustic, pioneer-style camp where there's no electricity and no mobile reception – just fresh air, challenge and connection.

Push yourself beyond your comfort zone and experience something completely different. Along the way, you'll meet other young people who share a similar lived experience, build friendships and create memories that will stay with you long after the camp ends.

Monday 7 to Friday
11 September

8am start time, 4pm drop off (TBC)

Mittagundi Outdoor
Education Centre

4385 Omeo Hwy, Glen Valley

Please express your interest by Sunday 19th July [here](#)

Past participants share:

“So much fun, you should 100% go!”

“It's a great place to get away from the world and to really understand nature.”

If you have any questions, please contact:

Maddie at mclarke@vsk.org.au or mobile **0417 313 117**

Chanelle at cburns@vsk.org.au or mobile **0408 910 878**



About the weekend:

Mittagundi is a 400-acre working farm where young people can connect with nature, each other and themselves.

Led by outdoor education specialists and supported by Very Special Kids staff, participants take part in hands-on activities such as rafting, farm work, shared meal preparation and practical skills like fencing and food growing. Activities are guided by the seasons and weather.

With no electricity or mobile reception, Mittagundi offers a chance to unplug, build confidence and experience simple outdoor living while forming meaningful peer connections. One participant shares:

“I realised on this camp that you can become best-friends with someone after a single sentence, or a single word, because they understand you in a way no one else really does.”

Practical Information:



Eligibility: Young people (14 to 17) registered with Very Special Kids



Cost: Free of charge. All activity equipment provided



Transportation: Transport by bus, with all participants travelling together from Very Special Kids, 321 Glenferrie Rd, Malvern.



What to bring: A packing list will be provided once a place on camp is offered. Thermals and wetsuits are required – support is available if needed



School: The program is held during the school term. A letter can be provided to support absence



Access support: If distance or clothing/gear is a barrier, please let us know – we will work with you to enable attendance

Expressions of interest due Sunday 19 July

EOIs will be reviewed and families will be contacted by Maddie Clarke or Chanelle Burns in July to discuss the camp and ensure it is a good fit for your young person. Places on camp will be confirmed by Wednesday 22 July. If interest exceeds capacity, your young person may be placed on a waitlist.